

School-Wide Newsletter

International Day

International Day is our annual tradition of celebrating our diversity and learning about countries at YIA. This year's International Day is scheduled for Saturday, November 7. Please mark your calendar. More information will be provided closer to the date.

LifePlus High School Volleyball Tournament

Our High School girls' volleyball team is traveling to Tianjin to participate in the LifePlus HS Volleyball Tournament from October 23-24. The tournament schedule and livestream links will be shared closer to the date.

Meet UBC Admissions Officer on Campus

Join us on Friday, October 16, from 2:35 to 3:45 p.m. for an exclusive meet-and-greet with the Admissions Officer from UBC (University of British Columbia). Ranked among the QS top 50 and a top-tier university in Canada, UBC is located in beautiful Vancouver. The session will cover an introduction to UBC, its standout programs, and key insights for international student applications.

This is a wonderful opportunity. We especially recommend this session to parents of students considering North America, as well as those who are still undecided about their study destination. Please scan the QR code on the poster to register. Seats are limited, so be sure to sign up early.



2026 Fall Parent-Teacher Conference

To further strengthen home-school collaboration and build a smoother communication bridge, our school will hold the Fall Parent-Teacher One-on-One Conference on Friday, October 30, 2026. This conference will continue to use the “student-led” one-on-one parent-teacher conference format, with students at the center, personally guiding their parents in face-to-face communication with subject teachers. We believe this format can more vividly and comprehensively showcase students’ learning outcomes and growth milestones and also help home and school jointly identify areas that need attention and improvement.

This year, the conference will specially add a “Class Parent Meeting” and a “Family Potluck” segment, hoping to enhance home-school understanding and unite collaborative efforts in a richer exchange setting.

Schedule:

8:00 a.m.–3:00 p.m. One-on-One Parent-Teacher Conferences (Student-Led)

3:00–3:30 p.m. General Parent Meeting

3:30–4:30 p.m. Class Parent Meetings

5:00 p.m. Family Potluck

Specific reservation methods and other details will be released in the weekly newsletters over the next two weeks. Please stay tuned. We look forward to your active participation. Let us work hand in hand to support every child’s growth!

AMC 10 Registration Now Open

Registration for the 2026–2027 AMC 10 (American Mathematics Competitions 10) is now officially open. AMC is hosted by the Mathematical Association of America (MAA). Since its launch in 1950, it has reached more than 100 countries and regions worldwide. Its problems are jointly designed by experts from leading universities such as Harvard, MIT, and Princeton, making it one of the most influential youth mathematics competitions in the world.

Please note that AMC 10 is a challenging exam, with questions designed to be both foundational and innovative. As a result, its awards are highly prestigious and provide an objective reflection of students’ mathematical thinking. Its results are increasingly recognized in global college admissions.

Exam Schedule

AMC 10 consists of two versions, 10A and 10B, held on different dates. The questions differ, but the difficulty level is comparable. Students may choose one session or both. The higher score will be used for awards and AIME qualification. Students with a strong foundation are encouraged to register for both A and B for an extra chance at awards.

AMC 10A: Friday, November 6, 5:00–6:15 p.m. (75 minutes)

AMC 10B: Saturday, November 14, 5:00–6:15 p.m. (75 minutes)

Registration Deadline: October 27

Eligible Grades: Grades 9–10 and under 17.5 years old

Test Language: Bilingual (Chinese and English)

Exam Fee: HKD 142

How to Register

Please scan the QR code on the poster to register, and select “爱华高级中学出国留学考点” as the test center.



If your child has a solid mathematics foundation and a strong interest in math, we encourage them to take on the challenge—it is a valuable opportunity for testing and growth.

AP Exam Registration Now Open

AP (Advanced Placement) is a college-level course and examination program offered by the College Board. AP scores range from 1 to 5. A score of 3 or above is generally considered passing, while scores of 4 or 5 are more competitive in college admissions. Exams are held annually in May.

Students enrolled in AP courses at school, as well as students who have not enrolled in AP courses but have self-studied outside school, are eligible to register.

Registration: Interested students, please contact Mrs. Yolanda Zhang to register.

Email: yolanda.zhang@yia-china.com

Deadline: Monday, October 12. Late registrations will not be accepted. Please take note.

Lunch Menu

	MONDAY 星期一	TUESDAY 星期二	WEDNESDAY 星期三	THURSDAY 星期四	FRIDAY 星期五
SOUP 汤	Fish Cake Soup*# 鱼饼汤*#	Kimchi Bean-Sprout Soup*# 辛奇豆芽汤*#	Egg Soup**# 香葱蛋汤**#		Beef Radish Soup* 牛肉萝卜汤*

MAIN 主菜 ↓ CHOOSE 2 选两个菜	① Braised Pork with Quail Eggs* 酱肉鹌鹑蛋* ② Pork Steak 煎烤猪排 ③ Grilled Chicken Leg Meat* 烤鸡腿肉*	① Grilled Marinated Pork* 调味烤猪肉* ② Fried Chicken drumsticks*#& 炸鸡翅根*#& ③ Yu-Shiang Shredded Pork* 鱼香肉丝*	① Stir-fried Pork* 辣炒猪肉* ② Breaded Fish#^^ 裹面包屑鱼#^^ ③ Braised Pork Belly#* 红烧肉#*	Special Meal 特色餐 ↓ CHOOSE 1 选一个	① Teriyaki chicken-drumsticks*# 照烧酱烤鸡棒*# ② Fried Pork Tenderloin** 炸里脊** ③ Braised Pork Ribs* 玉米炖排骨*
SIDE DISH 配菜 ↓ CHOOSE 2 选两个菜	① Stir-fried Shredded Ham&Potatoes* 炆火腿土豆丝* ② Lenting Bean Dish 炖扁豆菜 ③ Minced Garlic Bok Choy* 蒜蓉小白菜* ④ Salad with Cherry Tomatoes 西红柿沙拉	① Egg Rolls^ 鸡蛋卷^ ② Potato Wedges 薯角 ③ Fried Cabbage with Noodles*# 粉丝呛橄榄菜*# ④ Vegetable Sticks + SsamJang Sauce* 蔬菜条+烤肉酱*	① Stir-fried Glass Noodles* 杂菜* ② Mashed potato*& 土豆泥*& ③ Stewed Starch Noodles with Chinese Cabbage* 白菜炖粉条* ④ Cobb salad with wrench sauce&^ 科布蔬菜沙拉&^	① Chicken Rice Bowl#** 鸡肉盖饭#** ② Beef Burger**& 牛肉汉堡**& ③ Beef Noodle Soup** 牛肉面** + Yogurt& 酸奶&	① Stir-fried mushroom with perilla oil*# 苏子油炒蘑菇*# ② Egg Salad Sandwich**& 鸡蛋沙拉面包**& ③ Scrambled Eggs and Tomato** 西红柿炒鸡蛋** ④ Sweet Potato Salad^& 地瓜沙拉^&
DAILY SIDES 每日供应	Kimchi & Seasonal Fruit / 泡菜 & 水果				

Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts

*If a salad is served with a specific dressing, the allergens are listed on the menu. However, for the salad with optional dressings, the allergens are not listed.